

# Aunt Jackie's Spaghetti



2 medium zucchinis  
1 medium yellow squash  
1 medium onion  
1 can black olives  
2 1/2 jars spaghetti sauce

1 1/2 boxes whole wheat spaghetti (16oz.)

\*Take turns throwing everything into a food processor. This way it's quick and you can choose your preferred chopping size.

\*Sauté (covered) in about 1/4 cup water or veggie broth, just to soften. Add vegan, oil free spaghetti sauce and heat.

IF YOU DOOOO have extra time add "meatballs." There are so many easy veggie burger recipes. I'll also 1/4 cup vegan parmesan and 1 tsp. Italian seasoning to the veggie burger recipe. Happy Herbavore has a great one! <https://happyherbivore.com/recipe/quick-burgers/>